

MIAC Men's Outdoor Honor Roll

St. Olaf College, Northfield

May 7-8, 2004

Last updated May 16, 2004, with results of MIAC Championships

"*" indicates event not run at MIAC Championships, but which can qualify an athlete. "C" indicates Converted time. Original times also listed.

Click on the "event" links to move about through the entry list. Use the Find option of your Web Browser to find a specific individual or team.

Entries also available for [women](#).

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100 METER DASH

=====	NCAA Automatic	10.53	
Lee Clintsman	Jr Saint John's	10.72	5/1 Ron Masanz Invitati
Carson Glad	Jr St. Thomas	10.80	5/1 St. Thomas Invitati
=====	NCAA Provisional	10.81	
Jason Bailey	Fr Bethel	10.90	5/7-8 Miac Championship
Cassidy Glad	Jr St. Thomas	10.94	5/1 St. Thomas Invitati
Adam Cordes	Sr Gustavus Adolphus	11.10	5/7-8 Miac Championship
Jason Tjosvold	So Carleton	11.11	5/7-8 Miac Championship
Steve Groth	Sr St. Thomas	11.14	5/7-8 Miac Championship
Mathew Shannon	Sr Augsburg	11.14	4/9 Lee Krough Invite
Tom Hart	Sr St. Thomas	11.15	5/7-8 Miac Championship
Dan Everson	Fr St. Thomas	11.17	5/7-8 Miac Championship
10			
Jeremy Krentz	Jr St. Thomas	11.21	5/7-8 Miac Championship
Jack Henkemeyer	So Gustavus Adolphus	11.29	4/30 Macalester Bagpipe
Kyle Johnson	So Saint John's	11.32	5/7-8 Miac Championship
Trey Williams	So St. Olaf	11.34	4/8 Meet of Saints
Justin Kamphenkel	So Bethel	11.40	5/7-8 Miac Championship
Matt Diercks	Sr Gustavus Adolphus	11.40	3/27 Wartburg Open
Andre Moulton	Jr Macalester	11.41	5/7-8 Miac Championship
Andy Kenutis	Fr Bethel	11.44	5/7-8 Miac Championship
Steve Dalhed	Jr Saint John's	11.45	4/21 Bolstorff Twilight
Todd Yankowski	Sr Saint Mary's	11.47	4/30 Miac Decathlon
20			
Tony Ciro	So Bethel	11.49	5/7-8 Miac Championship
Marzel Harris	Fr Augsburg	11.50	5/7-8 Miac Championship
Adam Aaro	Sr St. Thomas	11.51	4/8 Meet of Saints
Adam Lehner	Fr Hamline	11.52	4/17 Carleton Relays
Joe May	So St. Olaf	11.52	4/17 Carleton Relays
=====	Last 2003 qualifier	11.52	
Nara Khou	So Carleton	11.54	4/27 Rolex Classic
Scott Cummings	So Saint John's	11.58	4/24 Saint John's Invit
Evan Sundquist	Jr St. Olaf	11.59	4/8 Meet of Saints
Alvin Mitchell	Fr Hamline	11.60	4/24 St. Johns
Adam Caulfield	Fr Gustavus Adolphus	11.60	4/24 Drake Alternative
30			
Nathan Campbell	Jr St. Olaf	11.62	4/27 Rolex Classic
Aaron Lissarrugue	Fr Bethel	11.65	4/17 Carleton Relays
Peter Allen	So Saint John's	11.67	4/21 Bolstorff Twilight
Steve Rajewsky	Sr St. Thomas	11.67	4/21 Bolstorff Twilight
Mike Dugas	So Hamline	11.67	4/17 Carleton Relays
Kyle Fisher	Jr St. Thomas	11.69	5/1 St. Thomas Invitati
Robert Orosco	Fr Concordia	11.70	4/14 Ndsu Open
Ryan Damlo	Sr Saint John's	11.71	4/29 Miac Decathlon
Tyler Ringquist	So Gustavus Adolphus	11.76	3/27 Wartburg Open
Micah Fransen	Fr Gustavus Adolphus	11.80	4/24 Drake Alternative

40

40 entrants

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200 METER DASH

=====	NCAA Automatic	21.25	
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Carson Glad	Jr St. Thomas	21.37	5/7-8 Miac Championship
Lee Clintzman	Jr Saint John's	21.73	5/7-8 Miac Championship
=====	NCAA Provisional	21.80	
Mathew Shannon	Sr Augsburg	21.86	4/9 Lee Krough Invite
Jack Henkemeyer	So Gustavus Adolphus	21.99	4/17 Carleton Relays
Cassidy Glad	Jr St. Thomas	22.00	5/7-8 Miac Championship
Steve Dalhed	Jr Saint John's	22.04	5/7-8 Miac Championship
Stephen Handler	Sr Gustavus Adolphus	22.38	5/7-8 Miac Championship
Jason Schwietz	Jr St. Thomas	22.42	5/7-8 Miac Championship
Jason Tjosvold	So Carleton	22.45	5/7-8 Miac Championship
Steve Groth	Sr St. Thomas	22.70	5/7-8 Miac Championship
10			
Tom Hart	Sr St. Thomas	22.90	3/20 Sdsu Aztec Classic
Steve Rajewsky	Sr St. Thomas	22.95	5/1 St. Thomas Invitati
Justin Kamphenkel	So Bethel	22.96	5/7-8 Miac Championship
Nathan Campbell	Jr St. Olaf	22.96	4/27 Rolex Classic
Peter Allen	So Saint John's	22.96	4/21 Bolstorff Twilight
Aaron Schloer	Fr St. Olaf	23.04	5/1 St. Thomas Invitati
Jason Edwards	Sr Augsburg	23.06	5/7-8 Miac Championship
Shaun Sharpe	Sr St. Thomas	23.07	4/21 Bolstorff Twilight
Paul Sanft	So Augsburg	23.08	5/7-8 Miac Championship
Andy Kenutis	Fr Bethel	23.14	5/7-8 Miac Championship
20			
Dan Murphy	Sr Saint John's	23.14	4/21 Bolstorff Twilight
Kyle Johnson	So Saint John's	23.15	4/8 Meet of Saints
Adam Caulfield	Fr Gustavus Adolphus	23.18	4/30 Macalester Bagpipe
J J. Kirby	So St. Thomas	23.19	4/21 Bolstorff Twilight
Jeremy Krentz	Jr St. Thomas	23.21	4/21 Bolstorff Twilight
Nara Khou	So Carleton	23.22	5/7-8 Miac Championship
Trey Williams	So St. Olaf	23.26	4/27 Rolex Classic
Anthony Schulzetenberg	Fr Gustavus Adolphus	23.27	4/9 Lee Krough Invite
Adam Lehner	Fr Hamline	23.32	4/22 Bolstorff Twilight
Jeff Hanger	Fr Hamline	23.1	3/20 Oxy Invite
30			
Aaron Lissarrugue	Fr Bethel	23.35	4/17 Carleton Relays
Matt Wittman	So Gustavus Adolphus	23.37	4/17 Carleton Relays
=====	Last 2003 qualifier	23.37	
Greg Moss	So Concordia	23.38	5/1 Masanz Invite
Chad Person	Jr Bethel	23.41	4/17 Carleton Relays
Matt Diercks	Sr Gustavus Adolphus	23.45	4/24 Drake Alternative
Scott Cummings	So Saint John's	23.46	4/24 Saint John's Invit
Kyle Fisher	Jr St. Thomas	23.47	5/1 St. Thomas Invitati
Robert Handler	Sr Gustavus Adolphus	23.50	4/30 Macalester Bagpipe
Adam Cordes	Sr Gustavus Adolphus	23.53	4/9 Lee Krough Invite
Shawn Smith	Fr Hamline	23.54	4/17 Carleton Relays
40			
Joe May	So St. Olaf	23.54	4/17 Carleton Relays

41 entrants

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400 METER DASH

Carson Glad	Jr St. Thomas	47.15	5/7-8 Miac Championship
=====	NCAA Automatic	47.50	
Mathew Shannon	Sr Augsburg	47.89	4/3 Hamline Invite
Jack Henkemeyer	So Gustavus Adolphus	48.23	5/7-8 Miac Championship
Jason Schwietz	Jr St. Thomas	48.24	5/7-8 Miac Championship
=====	NCAA Provisional	48.50	
Steve Dalhed	Jr Saint John's	48.67	5/7-8 Miac Championship
Cassidy Glad	Jr St. Thomas	49.00	4/17 Carleton Relays
Jeremy Williams	Jr Bethel	49.25	5/7-8 Miac Championship
Stephen Handler	Sr Gustavus Adolphus	49.59	5/7-8 Miac Championship
Nathan Campbell	Jr St. Olaf	49.83	5/7-8 Miac Championship
Bryce Beckman	Jr St. Thomas	49.98	4/21 Bolstorff Twilight

10			
Jason Edwards	Sr Augsburg	50.10	5/7-8 Miac Championship
J J. Kirby	So St. Thomas	50.14	5/7-8 Miac Championship
Peter Allen	So Saint John's	50.30	5/7-8 Miac Championship
Shaun Sharpe	Sr St. Thomas	50.46	5/7-8 Miac Championship
Anthony Schulzetenberg	Fr Gustavus Adolphus	50.60	5/7-8 Miac Championship
Jeff Hanger	Fr Hamline	50.66	5/7-8 Miac Championship
Greg Moss	So Concordia	50.72	5/7-8 Miac Championship
Tom Cruse	Fr St. Olaf	50.75	4/24 Saint John's Invit
Adam Caulfield	Fr Gustavus Adolphus	50.78	4/30 Macalester Bagpipe
Steve Rajewsky	Sr St. Thomas	50.88	5/7-8 Miac Championship

20			
Andrew Gastineau	So St. Olaf	51.03	5/7-8 Miac Championship
Aaron Schloer	Fr St. Olaf	51.06	5/7-8 Miac Championship
Matt Wittman	So Gustavus Adolphus	51.12	5/7-8 Miac Championship
Scott Cummings	So Saint John's	51.23	5/7-8 Miac Championship
Tom Kluzcewski	Jr Macalester	51.35	5/7-8 Miac Championship
Adam Lehner	Fr Hamline	51.42	4/3 Hamline Invite
Jay Pound	So Bethel	51.48	5/7-8 Miac Championship
Todd Yankowski	Sr Saint Mary's	51.52	4/21 Bolstorff Twilight
Dan Murphy	Sr Saint John's	51.71	4/24 Saint John's Invit
Tom Van Heel	Jr Saint John's	51.87	4/8 Meet of Saints

30			
Justin Rath	Sr Saint John's	52.12	5/1 Ron Masanz Invitati
Kyle Halliday	Jr Concordia	52.12	4/3 Jamestown Invite
Chad Person	Jr Bethel	52.14	4/17 Carleton Relays
Wyatt Ammon	Sr Hamline	52.25	4/30 Macalester Twiligh
Bryan Limmer	Sr St. Thomas	52.25	5/1 St. Thomas Invitati
Robert Handler	Sr Gustavus Adolphus	52.36	4/30 Macalester Bagpipe
Shawn Smith	Fr Hamline	52.36	4/3 Hamline Invite
Jeff Doll	Fr Saint John's	52.37	4/3 Hamline Invitationa
Dane Hamann	So St. Olaf	52.39	4/24 Saint John's Invit
Darren Meade	So St. Thomas	52.61	5/7-8 Miac Championship

40 entrants

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800 METER RUN			
=====	NCAA Automatic	1:51.30	
Michael Marschel	Sr Saint John's	1:51.86	5/7-8 Miac Championship
Bryce Beckman	Jr St. Thomas	1:52.75	5/1 St. Thomas Invitati
Corey Fusco	Jr St. Thomas	1:53.12	5/1 St. Thomas Invitati
=====	NCAA Provisional	1:53.60	
Tom Cruse	Fr St. Olaf	1:55.84	5/1 St. Thomas Invitati
Kyle Halliday	Jr Concordia	1:56.00	4/20 Cobber Twilight
Joel Dischinger	Jr Bethel	1:56.19	5/7-8 Miac Championship
Ben Nylander	Jr Concordia	1:56.21	5/7-8 Miac Championship
Nick Myran	Jr Concordia	1:56.39	4/20 Cobber Twilight
Bryan Limmer	Sr St. Thomas	1:56.57	5/7-8 Miac Championship
Tony Klappa	Fr Hamline	1:56.91	4/22 Bolstorff Twilight

10			
Paul Sovik-Siemens	Jr St. Olaf	1:57.06	5/7-8 Miac Championship
Chris Duffy	Sr Saint John's	1:58.00	4/24 Saint John's Invit
Adam Williamson	So Carleton	1:58.56	4/17 Carleton Relays
Brian Hauge	Sr St. Thomas	1:58.82	4/21 Bolstorff Twilight
Joe Hoovestol	So St. Thomas	1:59.02	5/1 St. Thomas Invitati
Jeff Doll	Fr Saint John's	1:59.05	4/24 Saint John's Invit
Shawn Lohmann	Jr St. Thomas	1:59.11	5/7-8 Miac Championship
Chris Minor	Jr Bethel	1:59.60	5/7-8 Miac Championship
Aaron Squadroni	Sr St. Olaf	1:59.85	5/7-8 Miac Championship
Ryan Taylor	Jr Gustavus Adolphus	1:59.89	4/24 Drake Alternative

20			
Nathan Campbell	Jr St. Olaf	1:59.92	4/24 Saint John's Invit

Matt Kurke	Jr Saint John's	1:59.96	5/1 Ron Masanz Invitati
Tom Van Heel	Jr Saint John's	2:00.42	5/1 Ron Masanz Invitati
Malcolm Richards	Jr St. Olaf	2:00.52	4/27 Rolex Classic
Nick Jones	Jr Bethel	2:00.52	4/24 Drake Alternative
Jim Bansley	Fr Saint Mary's	2:00.63	4/30 Wiac Qualifier
=====	Last 2003 qualifier	2:00.76	
John Lamma	Fr St. Olaf	2:00.89	5/1 St. Thomas Invitati
Peder Arneson	Sr St. Olaf	2:01.22	4/27 Rolex Classic
Jordan Selbo	So Macalester	2:01.23	4/21 Bolstorff Twilight
Phil Schrader	Sr Carleton	2:01.28	4/27 Rolex Classic
30			
Ben Sanders	So St. Thomas	2:01.29	5/7-8 Miac Championship
Marc Ellingson	So St. Olaf	2:01.68	4/27 Rolex Classic
Greg Haman	So Carleton	2:01.72	4/27 Rolex Classic
Paul Kienberger	Jr Gustavus Adolphus	2:01.94	4/24 Drake Alternative
Matt Mascioli	So Carleton	2:02.08	4/17 Carleton Relays
Lawrence Uricchio	Jr Carleton	2:02.26	4/27 Rolex Classic
Greg Gesell	Sr Saint John's	2:02.33	5/1 Ron Masanz Invitati
Sam Hauck	So St. Olaf	2:02.78	4/27 Rolex Classic
Brent Magnusson	Jr Gustavus Adolphus	2:02.78	3/27 Wartburg Open
Scott Bromelkamp	Sr Saint John's	2:02.95	5/1 Ron Masanz Invitati
40			

40 entrants

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1500 METER RUN			
=====	NCAA Automatic	3:50.60	
Matt Hooley	Sr Carleton	3:51.14	5/15 St Olaf Qualifier
Nick Myran	Jr Concordia	3:53.45	5/1 Masanz Invite
=====	NCAA Provisional	3:56.00	
Adam Williamson	So Carleton	3:57.47	5/7-8 Miac Championship
Chris Lundberg	Jr Carleton	3:58.97	4/17 Carleton Relays
Michael Marschel	Sr Saint John's	3:59.93	4/21 Bolstorff Twilight
Malcolm Richards	Jr St. Olaf	4:00.52	5/1 St. Thomas Invitati
Peder Arneson	Sr St. Olaf	4:00.67	5/7-8 Miac Championship
Tony Klappa	Fr Hamline	4:02.28	4/30 Macalester Twiligh
Jeff Metzдорff	Jr Hamline	4:02.43	4/30 Macalester Twiligh
Tim Smit	So Saint John's	4:03.4	5/1 Ron Masanz Invitati
10			
David Auguston	Fr Macalester	4:03.90	4/30 Macalester Bagpipe
Brian Hauge	Sr St. Thomas	4:05.03	5/7-8 Miac Championship
Will Hawthorne	So St. Thomas	4:05.29	5/7-8 Miac Championship
Jeff Goeden	Jr St. Thomas	4:06.01	5/1 St. Thomas Invitati
Ben Nylander	Jr Concordia	4:06.49	4/3 Jamestown Invite
Bo Rydze	Jr Macalester	4:06.97	4/9 Lee Krough Invite
Steve Harris	So Carleton	4:07.48	4/17 Carleton Relays
Marc Ellingson	So St. Olaf	4:07.52	5/1 St. Thomas Invitati
Riley Conway	Jr Augsburg	4:08.11	4/9 Lee Krough Invite
Jordan Selbo	So Macalester	4:09.43	4/21 Bolstorff Twilight
20			
Aaron Bumgarner	Sr Saint John's	4:09.50	4/8 Meet of Saints
Chris Lutz	Fr Hamline	4:09.54	4/17 Carleton Relays
Sean Brenckman	Jr St. Thomas	4:09.67	4/17 Carleton Relays
Joe Hoovestol	So St. Thomas	4:10.60	4/17 Carleton Relays
Kaleb Stromberg	Fr St. Thomas	4:10.77	5/1 St. Thomas Invitati
Phil Schrader	Sr Carleton	4:11.61	4/30 Macalester Bagpipe
Jeff Lundgren	Fr Saint John's	4:12.34	5/7-8 Miac Championship
Ben Nelson	Fr St. Olaf	4:12.5	5/7-8 Miac Championship
Matt Kurke	Jr Saint John's	4:12.97	4/8 Meet of Saints
Frank Hedin	Fr Gustavus Adolphus	4:13.52	5/7-8 Miac Championship
30			
Nic Reichenbach	Sr St. Olaf	4:13.84	4/8 Meet of Saints
Jason Havey	So St. Olaf	4:13.97	4/24 Saint John's Invit

Adam Erickson	Jr Bethel	4:14.24	5/1 Howard Wood Relays
Tristan Christ	Sr St. Thomas	4:14.27	4/24 St. John's Invitat
Jim Bansley	Fr Saint Mary's	4:14.54	4/17 Uwec Open
Keith Pieschek	Sr Saint Mary's	4:14.88	4/30 Wiac Qualifier
Reuben Woodruff	Fr Carleton	4:15.62	5/7-8 Miac Championship
Dan Vogel	Jr Augsburg	4:16.11	4/9 Lee Krough Invite
John Lamma	Fr St. Olaf	4:16.23	4/17 Carleton Relays
Mark Bowden	So Hamline	4:16.8	5/7-8 Miac Championship
40			
40 entrants			

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MILE RUN*			
=====	NCAA Automatic	4:09.00	
=====	NCAA Provisional	4:14.90	
0 entrants			

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3000 METER RUN*			
Chris Lutz	Fr Hamline	9:12.1	3/20 Oxy Invite
Travis Bristow	Fr Hamline	9:18.3	3/20 Oxy Invite
Nathan Lodermeier	Jr Concordia	10:04.82	2/28 Cal Rossi Relays
3 entrants			

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5000 METER RUN			
=====	NCAA Automatic	14:26.00	
Matt Hooley	Sr Carleton	14:47.79	4/22 Drake Relays
=====	NCAA Provisional	14:50.00	
Chris Lundberg	Jr Carleton	15:04.04	4/10 Wartburg Select
Dan Bucy	Jr Carleton	15:06.67	4/26 St. Johns Inv.
Malcolm Richards	Jr St. Olaf	15:09.20	4/24 Saint John's Invit
Sean Brenckman	Jr St. Thomas	15:18.12	5/1 St. Thomas Invitati
Bryce Beckman	Jr St. Thomas	15:19.07	4/8 Meet of Saints
Tim Smit	So Saint John's	15:19.37	4/8 Meet of Saints
Jeff Metzdorff	Jr Hamline	15:20.36	5/7-8 Miac Championship
Bill Kretsch	Sr St. Thomas	15:20.86	5/7-8 Miac Championship
Phil Schrader	Sr Carleton	15:21.94	4/26 St. Johns Inv.
10			
John Schwerkoske	So St. Thomas	15:23.61	5/7-8 Miac Championship
Steve Harris	So Carleton	15:26.24	4/21 Macalester Twiligh
Chris Lutz	Fr Hamline	15:26.48	5/7-8 Miac Championship
Aaron Bumgarner	Sr Saint John's	15:30.88	4/24 Saint John's Invit
Nick Myran	Jr Concordia	15:33.79	4/24 St. John's Invite
Peder Arneson	Sr St. Olaf	15:34.18	4/17 Kansas Relays
Ben Nylander	Jr Concordia	15:39.68	4/24 St. John's Invite

Tristan Christ	Sr St. Thomas	15:44.62	4/8 Meet of Saints
Derek Harmon	So St. Thomas	15:48.67	4/8 Meet of Saints
Adam Williamson	So Carleton	15:51.41	4/17 Carleton Relays
20			
Sam Hauck	So St. Olaf	15:52.89	4/8 Meet of Saints
Jason Havey	So St. Olaf	15:53.15	4/17 Carleton Relays
Jordan Selbo	So Macalester	15:54.18	4/30 Macalester Bagpipe
Dan Vogel	Jr Augsburg	15:54.34	5/7-8 Miac Championship
Caleb Buecksler	Jr St. Olaf	15:54.71	4/8 Meet of Saints
Ryan Nevin	Sr Augsburg	15:54.75	4/24 Drake Alternative
Nate Senner	Sr Carleton	15:55.14	4/26 St. Johns Inv.
Will Hawthorne	So St. Thomas	15:58.81	5/7-8 Miac Championship
Nic Reichenbach	Sr St. Olaf	15:59.10	4/27 Rolex Classic
Marc Ellingson	So St. Olaf	16:00.42	4/24 Saint John's Invit
30			
Dylan Keith	Fr Macalester	16:00.85	4/30 Macalester Bagpipe
Alex Zupan	Fr Gustavus Adolphus	16:01.64	4/9 Lee Krough Invite
Colin Sullivan	So St. Thomas	16:02.73	5/1 St. Thomas Invitati
Tony Hoff	Fr St. Olaf	16:04.94	4/8 Meet of Saints
Riley Conway	Jr Augsburg	16:05.51	4/30 Macalester Bagpipe
Drew Scanlan	Sr Gustavus Adolphus	16:07.16	3/27 Wartburg Open
Dan Westlund	So Gustavus Adolphus	16:10.30	4/24 Drake Alternative
Robert Nachtsheim	Fr Carleton	16:11.95	5/7-8 Miac Championship
Dan Church	Jr Carleton	16:18.56	4/26 St. Johns Inv.
Ben Nelson	Fr St. Olaf	16:20.88	4/24 Saint John's Invit

40 entrants

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10000 METER RUN

=====	NCAA Automatic	30:24.00	
Chris Lundberg	Jr Carleton	31:06.51	4/22 Drake Relays
=====	NCAA Provisional	31:20.00	
Malcolm Richards	Jr St. Olaf	31:58.06	4/17 Kansas Relays
Sean Brenckman	Jr St. Thomas	31:59.71	4/23 Drake Relays
Tim Smit	So Saint John's	32:15.67	4/17 Carleton Relays
Jeff Metzдорff	Jr Hamline	32:25.29	4/17 Carleton Relays
John Schwerkoske	So St. Thomas	32:32.65	4/17 Carleton Relays
Matt Hooley	Sr Carleton	32:46.09	5/7-8 Miac Championship
Dan Bucy	Jr Carleton	32:46.79	5/7-8 Miac Championship
Phil Schrader	Sr Carleton	32:56.29	5/7-8 Miac Championship
Derek Harmon	So St. Thomas	33:04.10	4/17 Carleton Relays
10			
Bill Kretsch	Sr St. Thomas	33:20.15	4/17 Carleton Relays
Tony Hoff	Fr St. Olaf	33:33.91	4/3 Norse Relays
Ryan Nevin	Sr Augsburg	33:35.34	4/17 Carleton Relays
Dan Church	Jr Carleton	33:37.04	5/7-8 Miac Championship
Jason Havey	So St. Olaf	33:47.03	5/7-8 Miac Championship
Nate Senner	Sr Carleton	33:50.68	4/17 Carleton Relays
Robert Nachtsheim	Fr Carleton	33:54.49	5/7-8 Miac Championship
Jordan Selbo	So Macalester	33:56.88	5/7-8 Miac Championship
Colin Sullivan	So St. Thomas	34:09.62	5/7-8 Miac Championship
Caleb Buecksler	Jr St. Olaf	34:09.65	5/7-8 Miac Championship
20			
Brian Anderson	Sr Saint John's	34:57.96	4/17 Carleton Relays
Noel Stringham	Fr Bethel	35:07.11	4/17 Carleton Relays
=====	Last 2003 qualifier	35:12.46	
Ben Nelson	Fr St. Olaf	35:36.25	4/17 Carleton Relays
Will Mitchell	So St. Olaf	35:46.48	4/3 Norse Relays
Mike Luke	Sr St. Olaf	38:41.67	4/17 Carleton Relays

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110 METER HURDLES

=====	NCAA Automatic	14.40	
=====	NCAA Provisional	14.90	
Will Sallee	Sr Hamline	14.96	4/17 Carleton Relays
Tanner Miest	Fr Gustavus Adolphus	15.11	5/7-8 Miac Championship
Matt Mogensen	Fr Saint John's	15.40	5/7-8 Miac Championship
B J. Hermerding	Jr Bethel	15.47	5/7-8 Miac Championship
Jake Hartman	Fr Saint John's	15.50	4/17 Carleton Relays
Tom Hart	Sr St. Thomas	15.67	5/7-8 Miac Championship
Dan Grindstaff	Jr St. Olaf	15.68	5/7-8 Miac Championship
Chris Mattke	Jr St. Thomas	15.72	5/7-8 Miac Championship
Jason Simmons	So St. Thomas	15.81	5/7-8 Miac Championship
Travis Birkliid	Fr St. Thomas	16.06	4/17 Carleton Relays
10			
Todd Yankowski	Sr Saint Mary's	16.16	5/7-8 Miac Championship
Matt Sinnen	Fr Gustavus Adolphus	16.20	5/7-8 Miac Championship
Tucker Ferda	Fr Bethel	16.22	5/7-8 Miac Championship
Andy Warmuth	Fr Saint John's	16.27	5/7-8 Miac Championship
Paul Gans	Jr Saint John's	16.36	4/30 Miac Decathlon
Jason Larson	Sr St. Thomas	16.51	5/7-8 Miac Championship
Ryan Davis	Jr Bethel	16.56	5/7-8 Miac Championship
Robie Deming	So St. Thomas	16.70	5/7-8 Miac Championship
Josh Johnson	So Hamline	16.84	5/7-8 Miac Championship
Matt Miller	Jr Gustavus Adolphus	17.03	4/17 Carleton Relays
20			
Carl Doten	Fr Bethel	17.04	5/7-8 Miac Championship
Andy Dauer	So St. Thomas	17.15	5/7-8 Miac Championship
Lemuel Berry	Fr St. Thomas	17.17	5/7-8 Miac Championship
Tyler Ecklund	Fr Macalester	17.29	4/17 Carleton Relays
Ryan Damlo	Sr Saint John's	17.37	4/30 Miac Decathlon
Dave Soma	Sr Saint John's	17.41	4/5 Saint John's Decath
Justin Speck	Sr Bethel	17.51	4/17 Carleton Relays
Jason Weaver	Fr Carleton	18.03	4/10 Wartburg Select
Eric Splichal	Fr Concordia	18.23	5/1 Masanz Invite
David Brosnahan	Jr Hamline	18.80	4/17 Carleton Relays
30			
Anthony Berglund	Fr Macalester	18.81	4/30 Macalester Bagpipe
=====	Last 2003 qualifier	19.46	
Dan Anderson	Fr Bethel	22.87	4/30 Bagpipe Meet
Ben Todt	Fr Bethel	23.11	4/21 Macalester Twiligh

33 entrants

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400 METER HURDLES

=====	NCAA Automatic	52.20	
Will Sallee	Sr Hamline	53.43	5/7-8 Miac Championship
P J. Theisen	Fr St. Thomas	53.4	3/20 Sdsu Aztec Classic
=====	NCAA Provisional	54.00	
Derek Johnson	So Saint John's	54.04	5/7-8 Miac Championship
Nick Schleder	Sr St. Thomas	54.83	5/7-8 Miac Championship
Chris Mattke	Jr St. Thomas	54.94	5/1 St. Thomas Invitati
Mikhail Higgins	Sr Macalester	55.68	4/17 Carleton Relays
Dan Grindstaff	Jr St. Olaf	55.73	5/7-8 Miac Championship
Adam Caulfield	Fr Gustavus Adolphus	55.74	5/7-8 Miac Championship
John Peterson	Jr Saint John's	56.55	5/7-8 Miac Championship

Travis Birkliid 10	Fr St. Thomas	56.67	5/7-8 Miac Championship
Scott Busacker	Jr St. Thomas	56.81	5/7-8 Miac Championship
B J. Hermerding	Jr Bethel	57.19	4/30 Bagpipe Meet
Caleb Bousu	So Gustavus Adolphus	57.21	5/7-8 Miac Championship
Matt Sinnen	Fr Gustavus Adolphus	57.76	4/24 Drake Alternative
Jason Simmons	So St. Thomas	58.12	5/7-8 Miac Championship
Michael Madison	Jr St. Thomas	58.39	5/7-8 Miac Championship
Jason Larson	Sr St. Thomas	58.48	5/7-8 Miac Championship
Winstead Kirkpatrick	Jr Bethel	58.61	4/24 Drake Alternative
Justin Rath	Sr Saint John's	58.4	3/27 Saint John's Invit
Mark Fincham	So Gustavus Adolphus	58.93	4/24 Drake Alternative
20			
Shaun Meling	Jr Saint John's	58.95	5/7-8 Miac Championship
Tanner Miest	Fr Gustavus Adolphus	59.07	4/24 Drake Alternative
Matt Quinn	Fr Saint John's	59.3	3/27 Saint John's Invit
David Pettit	Fr Concordia	59.95	5/1 Masanz Invite
Dave Pettit	Fr Concordia	60.16	4/7 Maurader Open
Matt Miller	Jr Gustavus Adolphus	60.21	4/9 Lee Krough Invite
Christiaan Johnson	So Saint John's	60.38	5/1 Ron Masanz Invitati
=====	Last 2003 qualifier	61.15	
Eric Splichal	Fr Concordia	61.31	5/7-8 Miac Championship
Robie Deming	So St. Thomas	61.94	5/1 St. Thomas Invitati
Andy Lee	Fr Saint Mary's	62.00	4/17 Uwec Open
30			
Josh Johnson	So Hamline	62.64	5/7-8 Miac Championship
Christian Johnson	So Saint John's	62.96	4/24 Saint John's Invit
Carl Doten	Fr Bethel	63.46	4/30 Bagpipe Meet
Matt Mascioli	So Carleton	64.15	4/27 Rolex Classic
Nathan Lodermeier	Jr Concordia	68.89	4/14 Ndsu Open

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3000M STEEPLECHASE

Dan Bucy	Jr Carleton	9:05.88	5/15 St Olaf Qualifier
=====	NCAA Automatic	9:06.40	
=====	NCAA Provisional	9:23.50	
Ben Nylander	Jr Concordia	9:25.4	5/1 Masanz Invite
Aaron Bumgarner	Sr Saint John's	9:27.21	5/7-8 Miac Championship
Phil Schrader	Sr Carleton	9:33.51	5/7-8 Miac Championship
Bo Rydze	Jr Macalester	9:35.64	4/21 Bolstorff Twilight
Nic Reichenbach	Sr St. Olaf	9:37.06	5/7-8 Miac Championship
Tristan Christ	Sr St. Thomas	9:39.28	5/7-8 Miac Championship
Steve Harris	So Carleton	9:41.19	5/7-8 Miac Championship
Alex Zupan	Fr Gustavus Adolphus	9:52.15	4/30 Macalester Bagpipe
Chris Lundberg	Jr Carleton	9:52.9	3/20 Point Loma Invite
10			
Dan Dobbe	Fr Saint John's	10:01.57	5/7-8 Miac Championship
Eric Crawford	Sr Saint John's	10:05.26	5/7-8 Miac Championship
Tom Hammer	Fr Macalester	10:07.46	5/7-8 Miac Championship
Travis Bristow	Fr Hamline	10:07.62	5/7-8 Miac Championship
Jason Havey	So St. Olaf	10:09.39	5/7-8 Miac Championship
Josh Tschetter	Fr Bethel	10:10.40	5/7-8 Miac Championship
Brian Anderson	Sr Saint John's	10:18.02	4/8 Meet of Saints
Peter Dillon	Sr Macalester	10:18.54	4/21 Bolstorff Twilight
Dylan Keith	Fr Macalester	10:23.1	4/9 Lee Krough Invite
Nick Mascioli	So Carleton	10:25.60	4/17 Carleton Relays
20			
=====	Last 2003 qualifier	10:28.54	
Drew Scanlan	Sr Gustavus Adolphus	10:32.7	4/24 Drake Alternative
Dan Bye	Fr Concordia	10:35.80	4/20 Cobber Twilight
Paul Jeske	So Saint John's	10:37.42	4/24 Saint John's Invit
Will Mitchell	So St. Olaf	10:41.14	5/1 St. Thomas Invitati

Collin Meierbachtol	Fr Gustavus Adolphus	10:44.3	4/24 Drake Alternative
Nathan Lodermeier	Jr Concordia	10:53.8	5/1 Masanz Invite
Brent Kudak	Jr St. Olaf	10:57.22	4/24 Saint John's Invit
Dan Tavernier	Jr Bethel	11:00.8	4/24 Drake Alternative
Sean Griffin	So Saint John's	11:01.6	5/1 Ron Masanz Invitati
Darrick Proehl	Jr Gustavus Adolphus	11:37.39	4/17 Carleton Relays
30			
30 entrants			

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4X100 METER RELAY			
=====	NCAA Automatic	41.10	
St. Thomas		41.65	5/7-8 Miac Championship
=====	NCAA Provisional	42.00	
Saint John's		42.18	5/7-8 Miac Championship
Gustavus Adolphus		42.20	5/7-8 Miac Championship
Macalester		43.00	5/7-8 Miac Championship
St. Olaf		43.11	4/17 Kansas Relays
Augsburg		43.26	4/9 Lee Krough Invite
Bethel		43.27	4/30 Bagpipe Meet
Hamline		44.08	4/22 Bolstorff Twilight
Carleton		44.91	5/7-8 Miac Championship
Concordia		45.53	5/7-8 Miac Championship
10			
10 entrants			

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4X400 METER RELAY			
St. Thomas		3:13.44	4/23 Drake Relays
=====	NCAA Automatic	3:13.70	
Saint John's		3:17.05	5/7-8 Miac Championship
=====	NCAA Provisional	3:17.50	
Gustavus Adolphus		3:18.23	5/7-8 Miac Championship
St. Olaf		3:20.08	4/17 Kansas Relays
Hamline		3:21.55	5/7-8 Miac Championship
Bethel		3:22.90	5/7-8 Miac Championship
Macalester		3:25.42	5/7-8 Miac Championship
Concordia		3:25.94	4/20 Cobber Twilight
Saint Mary's		3:29.16	5/7-8 Miac Championship
Augsburg		3:30.03	5/7-8 Miac Championship
10			
Carleton		3:34.53	5/7-8 Miac Championship
11 entrants			

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4X800 METER RELAY

St. Thomas	7:53.89	5/7-8 Miac Championship
Hamline	7:56.00	5/7-8 Miac Championship
Saint John's	7:58.58	5/7-8 Miac Championship
Bethel	8:00.45	5/7-8 Miac Championship
St. Olaf	8:01.54	5/7-8 Miac Championship
Gustavus Adolphus	8:01.76	5/7-8 Miac Championship
Carleton	8:11.17	5/7-8 Miac Championship
Saint Mary's	8:13.34	5/7-8 Miac Championship
Augsburg	8:16.54	5/7-8 Miac Championship
Concordia	8:24.10	4/16 Kansas Relays
10		
Macalester	8:37.76	5/7-8 Miac Championship
11 entrants		

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LONG JUMP

=====	NCAA Automatic	23-10 3/4 (7.28m)	
Jason Roberts	Fr St. Olaf	22-8 (6.91m)	5/7-8 Miac Championship
=====	NCAA Provisional	22-7 3/4 (6.90m)	
P J. Theisen	Fr St. Thomas	22-2 1/4 (6.76m)	5/7-8 Miac Championship
Peter Allen	So Saint John's	21-9 (6.63m)	5/7-8 Miac Championship
Ryan Damlo	Sr Saint John's	21-8 3/4 (6.62m)	5/7-8 Miac Championship
Paul Ferber	Jr Saint John's	21-8 1/4 (6.61m)	5/7-8 Miac Championship
Tom Hart	Sr St. Thomas	21-7 1/2 (6.59m)	5/7-8 Miac Championship
Matt Diercks	Sr Gustavus Adolphus	21-4 (6.50m)	5/7-8 Miac Championship
Joe Thomas	Sr St. Thomas	21-2 1/2 (6.46m)	5/7-8 Miac Championship
Brendan Viele	Jr Macalester	21-1 1/2 (6.44m)	5/7-8 Miac Championship
Adam Cordes	Sr Gustavus Adolphus	21-1 1/4 (6.43m)	4/9 Lee Krough Invite
10			
Mike Draxton	So St. Thomas	20-10 1/2 (6.36m)	4/8 Meet of Saints
Jason Tjosvold	So Carleton	20-8 1/2 (6.31m)	4/10 Wartburg Select
Chris Mattke	Jr St. Thomas	20-7 (6.27m)	4/8 Meet of Saints
Michael Madison	Jr St. Thomas	20-6 1/2 (6.26m)	5/1 St. Thomas Invitati
Ben Garbe	Sr St. Thomas	20-3 3/4 (6.19m)	5/7-8 Miac Championship
Ryan Montgomery	Fr Hamline	20-1 3/4 (6.14m)	4/30 Macalester Twiligh
Brad Nelson	So Saint John's	20-1 1/2 (6.13m)	4/3 Hamline Invitationa
Tim Burns	So Macalester	20-1 1/2 (6.13m)	4/3 Hamline Coed
Todd Yankowski	Sr Saint Mary's	20-1 (6.12m)	4/17 Uwec Open
Alex Wise	Fr Macalester	19-11 1/2 (6.08m)	4/3 Hamline Coed
20			
=====	Last 2003 qualifier	19-10 1/4 (6.05m)	
Ben Todt	Fr Bethel	19-6 (5.94m)	4/30 Miac Decathlon
Ssebbaale Sseremba	Jr Macalester	19-5 1/2 (5.93m)	4/30 Macalester Bagpipe
Jason Larson	Sr St. Thomas	19-5 1/4 (5.92m)	4/24 St. John's Invitat
Dave Soma	Sr Saint John's	19-4 3/4 (5.91m)	4/29 Miac Decathlon
Sam Krystosek	Fr Saint John's	19-4 3/4 (5.91m)	4/24 Saint John's Invit
Josh Mooney	Jr Bethel	19-4 1/4 (5.90m)	4/30 Bagpipe Meet
Erik Barner	Fr St. Thomas	19-3 1/4 (5.87m)	4/8 Meet of Saints
Adam Aaro	Sr St. Thomas	19-1 1/4 (5.82m)	3/20 Sdsu Aztec Classic
Aaron Schloer	Fr St. Olaf	19-0 (5.79m)	4/24 Saint John's Invit
Jordan Ruchotzke	Fr Saint Mary's	18-10 (5.74m)	3/27 Wartburg Open
30			
Aaron Smith	Fr Hamline	18-9 (5.71m)	3/20 Oxy Invite
Mike Krause	Sr Bethel	18-7 3/4 (5.68m)	4/24 Drake Alternative
Leslie Cofie	So Carleton	18-7 (5.66m)	4/10 Wartburg Select
Brad Vrchota	Jr Saint John's	18-6 (5.64m)	4/8 Meet of Saints
Jermaine Davis	Fr Hamline	18-4 1/2 (5.60m)	3/20 Oxy Invite
Andy Warmuth	Fr Saint John's	18-3 1/4 (5.57m)	4/24 Saint John's Invit
David Brosnahan	Jr Hamline	18-1 1/2 (5.52m)	3/20 Oxy Invite
Jason Weaver	Fr Carleton	18-1 (5.51m)	4/29 Miac Decathlon
Eric Splichal	Fr Concordia	18-1 (5.51m)	3/27 St. John's Invite
Jake Kruger	Fr Hamline	17-11 1/2 (5.47m)	4/9 Lee Krough

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TRIPLE JUMP

=====	NCAA Automatic	48-10 3/4 (14.90m)	
Paul Ferber	Jr Saint John's	47-7 (14.50m)	5/7-8 Miac Championship
=====	NCAA Provisional	46-3 1/4 (14.10m)	
Ssebbaale Sseremba	Jr Macalester	46-2 3/4 (14.09m)	5/7-8 Miac Championship
Ben Garbe	Sr St. Thomas	46-0 1/2 (14.03m)	3/20 Sdsu Aztec Classic
Joe Thomas	Sr St. Thomas	45-9 3/4 (13.96m)	5/7-8 Miac Championship
P J. Theisen	Fr St. Thomas	44-10 3/4 (13.68m)	5/7-8 Miac Championship
Chris Gervais	Sr Saint John's	44-9 (13.64m)	4/8 Meet of Saints
Michael Madison	Jr St. Thomas	42-7 (12.98m)	5/1 St. Thomas Invitati
Aaron Smith	Fr Hamline	42-4 3/4 (12.92m)	5/7-8 Miac Championship
Steve Zaffke	So Augsburg	42-4 3/4 (12.92m)	4/17 Kansas Relays
Josh Mooney	Jr Bethel	42-3 1/2 (12.89m)	5/7-8 Miac Championship
10			
Brad Nelson	So Saint John's	41-8 1/2 (12.71m)	4/24 Saint John's Invit
Tim Burns	So Macalester	41-3 1/4 (12.58m)	5/7-8 Miac Championship
Ryan Montgomery	Fr Hamline	41-1 3/4 (12.54m)	4/3 Hamline Invite
Paul Sanft	So Augsburg	41-1 (12.52m)	4/17 Kansas Relays
Matt Diercks	Sr Gustavus Adolphus	40-11 3/4 (12.49m)	4/9 Lee Krough Invite
Ben Todt	Fr Bethel	40-10 1/2 (12.46m)	5/7-8 Miac Championship
Mike Draxton	So St. Thomas	40-10 1/4 (12.45m)	5/1 St. Thomas Invitati
Mike Schmidt	So Gustavus Adolphus	40-3 1/2 (12.28m)	5/7-8 Miac Championship
=====	Last 2003 qualifier	40-2 1/4 (12.25m)	
Ryan Damlo	Sr Saint John's	39-6 1/2 (12.05m)	3/27 Saint John's Invit
Leslie Cofie	So Carleton	39-2 1/4 (11.94m)	4/27 Rolex Classic
20			
Dave Pettit	Fr Concordia	37-5 3/4 (11.42m)	3/27 St. John's Invite
Luke Draxten	So Concordia	32-4 3/4 (9.87m)	4/20 Cobber Twilight
Erik Barner	Fr St. Thomas	32-2 (9.80m)	4/8 Meet of Saints

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SHOT PUT

=====	NCAA Automatic	56-1 3/4 (17.11m)	
Peter Cathcart	So St. Olaf	52-10 1/4 (16.11m)	4/24 Saint John's Invit
=====	NCAA Provisional	50-8 1/4 (15.45m)	
Damien Dumonceaux	Jr Saint John's	50-2 1/2 (15.30m)	5/7-8 Miac Championship
Chris Tift	Fr Saint John's	46-11 (14.30m)	4/24 Saint John's Invit
Joe Atkinson	So Gustavus Adolphus	46-6 3/4 (14.19m)	5/7-8 Miac Championship
Matt McLaughlin	Sr St. Thomas	46-0 (14.02m)	3/20 Sdsu Aztec Classic
Eric Smith	Jr Carleton	45-8 (13.92m)	4/3 Hamline Coed Inv.
Jacob Courrier	Jr Hamline	45-6 1/4 (13.87m)	5/7-8 Miac Championship
Andy French	Sr Carleton	44-8 3/4 (13.63m)	4/26 St. Johns Inv.
Doug Lind	So Carleton	44-4 1/4 (13.52m)	4/3 Hamline Coed Inv.
Drew Jones	Fr Hamline	43-8 1/2 (13.32m)	5/7-8 Miac Championship
10			
Steve Henle	So Saint John's	43-0 1/4 (13.11m)	4/24 Saint John's Invit
Darin Mays	So Gustavus Adolphus	42-7 1/2 (12.99m)	4/24 Drake Alternative
Tyler Lindquist	So Bethel	42-5 1/4 (12.93m)	4/30 Bagpipe Meet
George Robbins	Fr Macalester	42-2 3/4 (12.87m)	3/27 Csb/Sju Invite
Nick Didier	Jr Concordia	42-2 (12.85m)	4/3 Jamestown Invite

Andrew Roberts	Fr Carleton	42-0 3/4 (12.82m)	4/17 Carleton Relays
Luke Weyandt	Fr Gustavus Adolphus	41-11 1/4 (12.78m)	5/7-8 Miac Championship
Andy Klaers	Fr Gustavus Adolphus	41-10 3/4 (12.77m)	4/9 Lee Krough Invite
Gabe Skelly	Sr St. Thomas	41-9 1/4 (12.73m)	4/21 Bolstorff Twilight
Max Greene	Jr Carleton	41-4 1/2 (12.61m)	4/30 Macalester Bagpipe
20			
Erik Hokenstad	Fr Saint John's	41-1 (12.52m)	4/24 Saint John's Invite
Brian Trussell	Jr Gustavus Adolphus	40-6 (12.34m)	4/9 Lee Krough Invite
Todd Yankowski	Sr Saint Mary's	40-2 3/4 (12.26m)	4/3 Norse Relays
=====	Last 2003 qualifier	39-11 1/4 (12.17m)	
William Duppler	Jr Concordia	39-1 3/4 (11.93m)	4/3 Jamestown Invite
Elliot Redmann	Fr St. Olaf	38-11 3/4 (11.88m)	4/8 Meet of Saints
Lemuel Berry	Fr St. Thomas	38-6 (11.73m)	4/30 Miac Decathlon
Evan Sundquist	Jr St. Olaf	38-5 (11.71m)	4/8 Meet of Saints
Willie Novitsky	Fr Saint John's	38-1 1/2 (11.62m)	3/27 Saint John's Invite
Logan Clark	Fr Hamline	38-0 1/4 (11.59m)	4/22 Bolstorff Twilight
Austin McCartney-Melsta	So Macalester	36-7 3/4 (11.17m)	3/27 Csb/Sju Invite
30			
Kelsey Wagner	Fr Bethel	36-7 1/2 (11.16m)	4/3 Hamline Co-Ed
Billy Jimenez	Fr Saint John's	36-5 1/2 (11.11m)	4/8 Meet of Saints
Paul Gans	Jr Saint John's	36-0 3/4 (10.99m)	4/4 Saint John's Decath
Jason Larson	Sr St. Thomas	35-1 1/4 (10.70m)	4/30 Miac Decathlon
Ryan Damlo	Sr Saint John's	35-1 1/4 (10.70m)	4/24 Saint John's Invite
Gary Quam	Jr Concordia	34-5 1/2 (10.50m)	2/28 Cal Rossi Relays
Eric Sonnek	Fr Saint Mary's	32-9 1/2 (9.99m)	4/30 Wiac Qualifier
Will Chick	Fr Macalester	32-9 1/2 (9.99m)	3/27 Csb/Sju Invite
David Brosnahan	Jr Hamline	32-2 (9.80m)	4/24 St. Johns
Mike Brinkman	Jr Augsburg	32-2 (9.80m)	4/3 Hamline Invite
40			

40 entrants

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DISCUS THROW

=====	NCAA Automatic	174-7 (53.21m)	
=====	NCAA Provisional	155-9 (47.47m)	
Alex Kestly	Jr Gustavus Adolphus	154-3 (47.01m)	4/30 Macalester Bagpipe
Andy Klaers	Fr Gustavus Adolphus	151-0 (46.04m)	4/17 Carleton Relays
Ralph Rosario	Jr Hamline	148-6 (45.26m)	4/17 Carleton Relays
Isaac Flenner	Sr Saint John's	148-2 (45.16m)	5/1 Ron Masanz Invitati
Jacob Courierier	Jr Hamline	143-7 (43.77m)	4/17 Carleton Relays
Peter Cathcart	So St. Olaf	143-5 (43.72m)	4/3 Norse Relays
Damien Dumonceaux	Jr Saint John's	141-3 (43.05m)	4/8 Meet of Saints
Jayme Dahlin	So Carleton	140-4 (42.78m)	5/7-8 Miac Championship
Peter Rosholt	So St. Thomas	139-9 (42.60m)	5/7-8 Miac Championship
Darin Mays	So Gustavus Adolphus	139-9 (42.60m)	4/9 Lee Krough Invite
10			
Matt McLaughlin	Sr St. Thomas	138-6 (42.23m)	4/8 Meet of Saints
Rob Oliva	So Hamline	135-0 (41.15m)	5/7-8 Miac Championship
Chad Hasskamp	Jr Saint John's	134-9 (41.08m)	4/3 Hamline Invitationa
Doug Lind	So Carleton	132-0 (40.24m)	4/27 Rolex Classic
Paul Rynda	Fr Saint John's	131-5 (40.05m)	4/8 Meet of Saints
Donigan Linder	Sr Carleton	129-7 (39.49m)	4/30 Macalester Bagpipe
=====	Last 2003 qualifier	128-3 (39.09m)	
Erik Hokenstad	Fr Saint John's	124-0 (37.80m)	4/3 Hamline Invitationa
Luke Weyandt	Fr Gustavus Adolphus	123-7 (37.66m)	4/17 Carleton Relays
Joe Atkinson	So Gustavus Adolphus	122-8 (37.38m)	4/24 Drake Alternative
Dennis Kline	Jr Concordia	121-6 (37.04m)	5/1 Masanz Invite
20			
Todd Yankowski	Sr Saint Mary's	118-6 (36.11m)	4/21 Bolstorff Twilight
William Duppler	Jr Concordia	116-0 (35.35m)	4/14 Ndsu Open
Drew Jones	Fr Hamline	115-2 (35.10m)	4/3 Hamline Invite
Brandt Kuper	Fr St. Thomas	115-0 (35.05m)	4/17 Carleton Relays
Steve Henle	So Saint John's	110-1 (33.55m)	4/3 Hamline Invitationa

George Robbins	Fr Macalester	108-7 (33.11m)	4/17 Carleton Relays
Lemuel Berry	Fr St. Thomas	108-2 (32.96m)	4/8 Meet of Saints
Ryan Davis	Jr Bethel	106-4 (32.41m)	4/3 Hamline Co-Ed
Max Greene	Jr Carleton	103-3 (31.48m)	4/26 St. Johns Inv.
Paul Gans	Jr Saint John's	103-0 (31.40m)	4/30 Miac Decathlon
30			
Evan Sundquist	Jr St. Olaf	99-10 (30.42m)	4/8 Meet of Saints
Nick Kroshus	So Gustavus Adolphus	98-9 (30.11m)	3/27 Wartburg Open
Hikaru Teramoto	So Carleton	94-2 (28.71m)	4/3 Hamline Coed Inv.
Zach Walker	Fr Saint John's	92-9 (28.28m)	4/24 Saint John's Invit
Will Chick	Fr Macalester	92-0 (28.04m)	4/21 Bolstorff Twilight
Ryan Damlo	Sr Saint John's	91-11 (28.02m)	4/30 Miac Decathlon
Jason Larson	Sr St. Thomas	89-8 (27.34m)	4/8 Meet of Saints
Dave Soma	Sr Saint John's	87-2 (26.56m)	4/5 Saint John's Decath
David Brosnahan	Jr Hamline	82-5 (25.13m)	3/20 Oxy Invite
Mike Brinkman	Jr Augsburg	81-9 (24.92m)	4/30 Macalester Bagpipe

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HAMMER THROW

=====	NCAA Automatic	188-10 (57.55m)	
Jon Dahlin	Sr Augsburg	169-5 (51.64m)	5/7-8 Miac Championship
Peter Rosholt	So St. Thomas	168-2 (51.26m)	5/7-8 Miac Championship
Matt McLaughlin	Sr St. Thomas	166-8 (50.80m)	5/1 St. Thomas Invitati
=====	NCAA Provisional	166-0 (50.60m)	
Alex Kestly	Jr Gustavus Adolphus	161-10 (49.32m)	4/17 Carleton Relays
Andy French	Sr Carleton	159-6 (48.62m)	5/7-8 Miac Championship
Peter Cathcart	So St. Olaf	157-5 (47.99m)	5/7-8 Miac Championship
Decker Walker	Sr St. Olaf	155-8 (47.44m)	5/7-8 Miac Championship
Rob Oliva	So Hamline	148-4 (45.21m)	5/7-8 Miac Championship
Brian Trussell	Jr Gustavus Adolphus	146-4 (44.60m)	5/7-8 Miac Championship
Gary Quam	Jr Concordia	143-6 (43.73m)	4/24 St. John's Invite
10			
Jacob Courrier	Jr Hamline	141-6 (43.14m)	4/24 St. Johns
Jason Primus	So Saint John's	140-6 (42.83m)	4/24 Saint John's Invit
Ralph Rosario	Jr Hamline	138-9 (42.29m)	5/7-8 Miac Championship
Doug Lind	So Carleton	136-2 (41.50m)	4/30 Macalester Bagpipe
Andy Klaers	Fr Gustavus Adolphus	135-11 (41.44m)	4/30 Macalester Bagpipe
Josh Pope	So Saint John's	133-6 (40.70m)	5/7-8 Miac Championship
Dennis Kline	Jr Concordia	129-7 (39.51m)	4/24 St. John's Invite
Gabe Skelly	Sr St. Thomas	129-1 (39.36m)	5/7-8 Miac Championship
Chad Hasskamp	Jr Saint John's	129-1 (39.36m)	4/24 Saint John's Invit
=====	Last 2003 qualifier	128-9 (39.25m)	
Nick Kroshus	So Gustavus Adolphus	126-4 (38.50m)	4/30 Macalester Bagpipe
20			
Damien Dumonceaux	Jr Saint John's	124-8 (38.01m)	4/8 Meet of Saints
Raymond Starin	Fr St. Thomas	123-7 (37.66m)	4/17 Carleton Relays
Austin McCartney-Melsta	So Macalester	121-6 (37.04m)	4/21 Bolstorff Twilight
Mike Brinkman	Jr Augsburg	115-8 (35.27m)	4/9 Lee Krough Invite
Drew Jones	Fr Hamline	113-3 (34.53m)	4/9 Lee Krough
Zach Walker	Fr Saint John's	113-3 (34.52m)	4/24 Saint John's Invit
Logan Clark	Fr Hamline	107-10 (32.86m)	4/24 St. Johns
William Duppler	Jr Concordia	106-11 (32.58m)	4/3 Jamestown Invite
Elliot Redmann	Fr St. Olaf	100-3 (30.55m)	4/8 Meet of Saints
Will Chick	Fr Macalester	97-3 (29.65m)	4/30 Macalester Bagpipe
30			
Eric Meinz	So Hamline	95-10 (29.22m)	4/17 Carleton Relays
Tyler Lindquist	So Bethel	91-6 (27.90m)	4/30 Bagpipe Meet
Andrew Roberts	Fr Carleton	90-1 (27.46m)	4/27 Rolex Classic
Eric Sonnek	Fr Saint Mary's	62-1 1/4 (18.93m)	3/27 Wartburg Open

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JAVELIN THROW

=====	NCAA Automatic	208-0 (63.40m)	
Brad Boyle	Jr Bethel	192-8 (58.72m)	4/17 Carleton Relays
=====	NCAA Provisional	188-4 (57.40m)	
Dave Diercks	Jr St. Thomas	182-10 (55.72m)	5/7-8 Miac Championship
Ryan Collins	Sr St. Thomas	177-5 (54.09m)	5/1 St. Thomas Invitati
Todd Yankowski	Sr Saint Mary's	168-5 (51.34m)	5/7-8 Miac Championship
Nick Didier	Jr Concordia	166-6 (50.74m)	5/7-8 Miac Championship
Matt Ruhland	Sr Hamline	163-8 (49.88m)	4/24 St. Johns
Paul Gans	Jr Saint John's	162-11 (49.67m)	5/7-8 Miac Championship
Tim Blaha	So Carleton	162-2 (49.42m)	4/17 Carleton Relays
Ryan Davis	Jr Bethel	162-0 (49.39m)	5/7-8 Miac Championship
Jeremy Williams	Jr Bethel	162-0 (49.39m)	5/7-8 Miac Championship

10

Chris Gervais	Sr Saint John's	155-11 (47.52m)	4/17 Carleton Relays
Justin Speck	Sr Bethel	153-6 (46.80m)	4/21 Macalester Twiligh
Luke Weyandt	Fr Gustavus Adolphus	150-11 (45.99m)	5/7-8 Miac Championship
=====	Last 2003 qualifier	147-8 (45.01m)	
Jason Larson	Sr St. Thomas	146-9 (44.74m)	4/24 St. John's Invitat
Dave Soma	Sr Saint John's	144-11 (44.18m)	4/30 Miac Decathlon
Jacob Odermann	So Concordia	144-1 (43.91m)	4/3 Jamestown Invite
Aaron Robertson	Sr Bethel	143-7 (43.76m)	4/21 Macalester Twiligh
Joseph Stadther	Fr St. Thomas	142-9 (43.51m)	4/24 St. John's Invitat
Elliot Redmann	Fr St. Olaf	141-0 (42.97m)	4/8 Meet of Saints
Chad Person	Jr Bethel	140-10 (42.92m)	4/30 Bagpipe Meet

20

Tyler Young	So Carleton	139-7 (42.55m)	4/26 St. Johns Inv.
Andrew Corum	Fr St. Olaf	139-1 (42.40m)	4/27 Rolex Classic
Ian McLauchan	Fr St. Thomas	136-0 (41.46m)	4/21 Bolstorff Twilight
Rob Oliva	So Hamline	135-3 (41.22m)	3/20 Oxy Invite
Ryan Damlo	Sr Saint John's	133-0 (40.53m)	4/24 Saint John's Invit
David Kruger	Sr Macalester	132-3 (40.32m)	4/21 Bolstorff Twilight
David Brosnahan	Jr Hamline	130-7 (39.80m)	4/22 Bolstorff Twilight
Evan Sundquist	Jr St. Olaf	130-6 (39.79m)	4/3 Norse Relays
Phil Brondyke	Fr Hamline	127-9 (38.94m)	3/20 Oxy Invite
Robie Deming	So St. Thomas	126-0 (38.40m)	4/30 Miac Decathlon

30

Andy Schott	Jr Concordia	125-7 (38.27m)	3/27 St. John's Invite
Andy Dauer	So St. Thomas	125-5 (38.22m)	4/30 Miac Decathlon
Jake Kruger	Fr Hamline	123-5 (37.62m)	4/17 Carleton Relays
Lemuel Berry	Fr St. Thomas	121-11 (37.16m)	4/21 Bolstorff Twilight
Charles Ryan	So Carleton	116-9 (35.60m)	4/17 Carleton Relays
Brent Bendson	Jr Saint Mary's	109-9 (33.46m)	4/21 Bolstorff Twilight
Eric Meinz	So Hamline	105-9 (32.24m)	4/30 Macalester Twiligh
Austin McCartney-Melsta	So Macalester	102-10 (31.34m)	4/30 Macalester Bagpipe
Jason Weaver	Fr Carleton	99-6 (30.32m)	4/3 Hamline Coed Inv.
Nara Khou	So Carleton	91-3 (27.82m)	4/17 Carleton Relays

40

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HIGH JUMP

=====	NCAA Automatic	6-11 1/2 (2.12m)	
Joe Thomas	Sr St. Thomas	6-8 (2.03m)	4/17 Carleton Relays

=====	NCAA Provisional	6-7 (2.01m)	
Will Sallee	Sr Hamline	6-6 3/4 (2.00m)	5/7-8 Miac Championship
Raleigh Woodruff	Sr Saint John's	6-4 3/4 (1.95m)	5/7-8 Miac Championship
Ryan Damlo	Sr Saint John's	6-4 1/4 (1.94m)	4/29 Miac Decathlon
Matt Mogensen	Fr Saint John's	6-4 (1.93m)	5/1 Ron Masanz Invitati
Mike Draxton	So St. Thomas	6-4 (1.93m)	4/17 Carleton Relays
Paul Ferber	Jr Saint John's	6-4 (1.93m)	4/17 Carleton Relays
Matt Ladwig	Jr Gustavus Adolphus	6-3 1/4 (1.91m)	3/27 Wartburg Open
Mike Schmidt	So Gustavus Adolphus	6-2 (1.88m)	4/30 Macalester Bagpipe
J J. Kirby	So St. Thomas	6-2 (1.88m)	4/17 Carleton Relays
10			
Dave Pettit	Fr Concordia	6-2 (1.88m)	4/7 Maurader Open
Luke Draxten	So Concordia	6-2 (1.88m)	5/1 Masanz Invite
Jarrold Gray	Jr St. Thomas	6-0 3/4 (1.85m)	5/7-8 Miac Championship
Dave Soma	Sr Saint John's	5-10 3/4 (1.80m)	5/7-8 Miac Championship
Justin Speck	Sr Bethel	5-10 (1.78m)	4/17 Carleton Relays
Matt Diercks	Sr Gustavus Adolphus	5-10 (1.78m)	4/9 Lee Krough Invite
Ben Todt	Fr Bethel	5-9 1/4 (1.76m)	4/21 Macalester Twiligh
Paul Gans	Jr Saint John's	5-9 1/4 (1.76m)	4/4 Saint John's Decath
=====	Last 2003 qualifier	5-8 3/4 (1.75m)	
Todd Yankowski	Sr Saint Mary's	5-8 (1.73m)	4/30 Miac Decathlon
Jason Weaver	Fr Carleton	5-8 (1.73m)	4/17 Carleton Relays
20			
Kyle Peterson	Sr Bethel	5-6 (1.68m)	4/30 Bagpipe Meet
Jason Larson	Sr St. Thomas	5-4 1/2 (1.64m)	4/30 Miac Decathlon
Andy Dauer	So St. Thomas	5-2 1/4 (1.58m)	4/30 Miac Decathlon
Robie Deming	So St. Thomas	5-1 (1.55m)	4/30 Miac Decathlon

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POLE VAULT

=====	NCAA Automatic	16-6 (5.03m)	
Matt Hawn	So Saint John's	15-2 1/4 (4.63m)	5/7-8 Miac Championship
=====	NCAA Provisional	15-2 1/4 (4.63m)	
Matt Schroeder	Fr St. Thomas	15-1 (4.60m)	5/1 St. Thomas Invitati
Alex Wise	Fr Macalester	14-10 1/4 (4.53m)	4/3 Hamline Coed
Jake Kruger	Fr Hamline	14-9 (4.50m)	4/30 Macalester Twiligh
Pat Hegel	Jr Saint John's	14-3 1/4 (4.35m)	3/27 Saint John's Invit
Chae Zeller	Jr Saint John's	14-2 3/4 (4.34m)	5/1 Ron Masanz Invitati
Paul Gans	Jr Saint John's	14-2 1/2 (4.33m)	5/7-8 Miac Championship
Joe Hanson	Fr Saint John's	14-2 1/2 (4.33m)	5/7-8 Miac Championship
Josh Sorenson	Fr Gustavus Adolphus	13-9 1/4 (4.20m)	4/30 Macalester Bagpipe
Nate Page	Sr St. Thomas	13-9 1/4 (4.20m)	4/21 Bolstorff Twilight
10			
Sam Omann	So Saint John's	13-8 1/2 (4.18m)	5/7-8 Miac Championship
Ryan Damlo	Sr Saint John's	13-7 3/4 (4.16m)	4/30 Miac Decathlon
John Dahl	Sr Gustavus Adolphus	13-6 1/4 (4.12m)	4/17 Carleton Relays
Nate Lund	Sr Gustavus Adolphus	13-3 1/2 (4.05m)	4/30 Macalester Bagpipe
Brandon Johnson	Fr Bethel	13-3 1/2 (4.05m)	4/30 Bagpipe Meet
Brad Hansen	Fr St. Thomas	13-2 1/2 (4.03m)	5/7-8 Miac Championship
Jason Larson	Sr St. Thomas	13-1 1/2 (4.00m)	4/24 St. John's Invitat
Matt Fordyce	So Gustavus Adolphus	13-1 1/2 (4.00m)	3/27 Wartburg Open
Josiah Telschow	Fr St. Olaf	13-0 3/4 (3.98m)	4/27 Rolex Classic
Andy Dauer	So St. Thomas	13-0 1/4 (3.97m)	4/17 Carleton Relays
20			
Tyler Ties	Fr Gustavus Adolphus	12-9 1/2 (3.90m)	4/24 Drake Alternative
Jason Weaver	Fr Carleton	12-8 (3.86m)	4/30 Miac Decathlon
Justin Jonas	Fr Gustavus Adolphus	12-3 1/4 (3.74m)	4/9 Lee Krough Invite
Phil Brondyke	Fr Hamline	12-0 (3.66m)	3/20 Oxy Invite
=====	Last 2003 qualifier	11-8 (3.56m)	
Todd Yankowski	Sr Saint Mary's	10-4 1/4 (3.16m)	4/30 Miac Decathlon
Lemuel Berry	Fr St. Thomas	9-4 1/2 (2.86m)	4/30 Miac Decathlon
Robie Deming	So St. Thomas	9-0 1/2 (2.76m)	4/30 Miac Decathlon

Dave Soma
28 entrants

Sr Saint John's

9-0 1/4 (2.75m)

4/5 Saint John's Decath

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DECATHLON

=====	NCAA Automatic	6550	
Todd Yankowski	Sr Saint Mary's	6033	5/7-8 Miac Championship
=====	NCAA Provisional	6000	
Paul Gans	Jr Saint John's	5802	5/7-8 Miac Championship
Ryan Damlo	Sr Saint John's	5751	5/7-8 Miac Championship
Ryan Davis	Jr Bethel	5484	5/7-8 Miac Championship
Jason Larson	Sr St. Thomas	5451	4/30 Miac Decathlon
Dave Soma	Sr Saint John's	5148	5/7-8 Miac Championship
David Brosnahan	Jr Hamline	5020	5/7-8 Miac Championship
Justin Speck	Sr Bethel	4966	5/7-8 Miac Championship
Andy Dauer	So St. Thomas	4839	4/30 Miac Decathlon
Jason Weaver	Fr Carleton	4734	5/7-8 Miac Championship
10			
Robie Deming	So St. Thomas	4524	4/30 Miac Decathlon
Lemuel Berry	Fr St. Thomas	4455	4/30 Miac Decathlon
Ben Todt	Fr Bethel	4358	5/7-8 Miac Championship

13 entrants

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